

# Meals for Veterans & Families in Need

The Cloquet VFW Auxiliary is partnering with the Carlton County CVSO office to provide holiday meals for Veterans and their families in need. We will be collecting donations to provide ten meals for each of the Thanksgiving and Christmas Holidays. Volunteers are needed to prepare and assemble meals on 11/23 & 11/26.

## **Donations Needed:**

Turkeys & Hams

Metal baking pans (disposable & non-disposable)

Plastic Food Storage Containers & Gallon Ziploc Bags

Fresh, Frozen & Canned Vegetables/Fruit: Onions, Carrots, Celery, Green Beans, Corn, Squash, Mushrooms, Peas, Corn, Pumpkin, Sweet Potatoes, Yams, Cranberries...

Flour, Cinnamon, Sugar, and Vegetable Shortening

**Fresh Apples** & Canned Pumpkin for Pies

Boxes of Instant Potatoes & Stuffing

Egg Noodles /Rice (for soup)

Dinner Rolls & Butter

Milk, Eggs, Whipped Topping

Donation Box is at the VFW. There is one in the freezer as well.  
Point of Contact is Cristy House, [cristy.n.house@gmail.com](mailto:cristy.n.house@gmail.com) or 218-940-3675

# Thanksgiving Meal Request Form

The Cloquet VFW Auxiliary is partnering with the Carlton County CVSO office to provide holiday meals for Veterans and their families in need. To participate in this year's program, please complete the form below and submit to the Carlton County CVSO. Completion of the form does *not* guarantee participation in the program.

All meals must be picked up at the VFW between 7-8pm on Wednesday November 26<sup>th</sup> or between 5-6pm on Sunday November 23<sup>rd</sup>. Meals picked up on Sunday will have to be put in the freezer until served.

Participant Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Number of People meal is for \_\_\_\_\_

Do you have an oven? \_\_\_\_\_ Microwave? \_\_\_\_\_ Turkey pan? \_\_\_\_\_

Would you like the turkey cooked? \_\_\_\_\_ Uncooked? \_\_\_\_\_

Do you/your family have any special dietary needs?

Gluten Free\_\_\_ Low Sodium\_\_\_ Lactose Free\_\_\_ Other \_\_\_\_\_

Day/Time of Pick Up: 7-8pm 11/26 \_\_\_\_\_ 5-6pm 11/23 \_\_\_\_\_

Other Special Needs: \_\_\_\_\_

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